

Decision of Institutional Certified Evaluation and Accreditation

The National Institute of Fitness and Sports in Kanoya complies with the Standards for the Establishment of Universities and other relevant laws and regulations, and meets the Standards for Evaluation and Accreditation of Universities set by NIAD-UE.

Good practices identified by the review committee include:

- Self-evaluation of the teaching staff on their educational and research activities conducted regularly and comprehensively, with the results reflected in their differential budgets for academic activities and salary raise or bonus;
- The development of attitudes towards viewing and engaging in sports from the scientific perspective by providing students with opportunities, as part of a required course, to have hands-on experience of advanced research results in basic sports science through participating in experiments conducted at extensive sports facilities;
- Actively adopting teaching methods that require students to give presentations and exchange opinions in small groups, as well as encouraging students, both experienced and inexperienced, martial arts practitioners, to get committed actively to “budo” classes as appropriate for their goals and roles, thereby enabling the experienced in judo to acquire and refine practical teaching skills and the inexperienced to obtain a first degree black belt while not majoring in the art;
- Course objectives clearly stated in the syllabus in relation to the diploma policy of the undergraduate program and made readily available to students for checking their academic achievements;
- Hands-on participatory courses which enables students to acquire competitive abilities and practical techniques in sports on the level where they can win medals in international competitions;
- Facilities and equipment for a variety of sports, which are effectively used for class instruction and extracurricular activities, leading to successful outcomes;
- The basic principles for student support which are officially declared and made understood across the campus so that the policies for learning support and life support may be clear enough to be implemented comprehensively and effectively at the institution level;
- *The Guidelines for Creating a Positive Class Environment and the Tips for Conducting Better Classes* composed based on past faculty development activities, which help the teaching staff

improve their teaching methods; and

- *The National Institute of Fitness and Sports in Kanoya Handbook for Teaching Assistants*, which thoroughly explains the responsibilities and mindset required for teaching assistance in the light of safety considerations and effective instruction in the development of physical skills characteristic of fitness and sports education institution, as well as the training sessions for improving the quality of TAs taking advantage of the document.

Areas for improvement identified by the review committee include:

- The unsystematic and unclear organization for improving the quality of teaching and learning, despite the fact that the university has successfully improved it regard as a result of curriculum remodeling led by the Committee of School Affairs in FY2014; and
- The university's self-assessment report submitted for the FY2014 institutional certified evaluation and accreditation of universities deemed inappropriate for failing to comprehensibly show society the conditions of the university's education and research activities.

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